

DAY	TIME	COURSE	£ Block of 10 Members Only	PAY AS YOU PLAY	
				Member	Non Memb
MONDAY	7.30 – 9pm	MENS DRILLS/TACTICS (Intermediate)	£100	£12	£16
	7.30 – 9pm	LADIES DRILLS/ HIGH INTENSITY (Intermediate)	£100	£12	£16
TUESDAY	10 - 12 am	LADIES DRILLS/TACTICS (Advanced)	£100	£12	£16
WEDNESDAY	9 - 10am	LADIES DRILLS/TACTICS (Starters)	£70	£8	£10
	7.30 – 9pm	MIXED DRILLS/ STROKE IMPROVEMENT (Starters)	£100	£12	£16
THURSDAY	7.30 – 9pm	MENS DRILLS/ HIGH INTENSITY (Intermediate)	£100	£12	£16
FRIDAY	10 - 12 am	LADIES DRILLS/ HIGH INTENSITY (Advanced)	£100	£12	£16
SATURDAY	10 - 12 am	MENS DRILLS/GOLD (Advanced—Invitation)	£180	£20	£25
	1 – 2pm	MIXED DRILLS/ HIGH INTENSITY (Starter)	£70	£8	£10
SUNDAY (Selected Dates)	12 - 2pm	MIXED DOUBLES & SINGLES MATCH PLAY (Starter)		FREE	£10
	2 - 4pm	(Intermediate)		FREE	£10
	4 - 6pm	(Advanced)		FREE	£10
DRILLS/TACTICS	Coaches will follow a different tactical theme each week to help improve players knowledge of the game and their overall match play skills.				
STROKE IMPROVEMENT	Coaches will focus on a different stroke each week to help improve players technique so that they can execute the various tactics in tennis.				
HIGH INTENSITY	The trade mark class of Langley Tennis Club. This will help to improve players fitness in a fun & competitive environment using a variety of international tennis drills.				